

Support during the COVID-19 'lockdown'



Advice from North Hinksey Parish Council & 'Botley Responders'

More online at: northhinksey-pc.gov.uk/covid-19-community-hub/
regularly updated information, local services and list of **local street contacts**.

If you need help or can help others email: BotleyResponders@gmail.com

Oxfordshire support for vulnerable and 'at risk' people: 01865 89 78 20 (8:30am to 8:00pm Mon to Fri, 9:00am – 5:00pm Sat and Sun) or email shield@oxfordshire.gov.uk	
Vale of the White Horse District Council: community support for those in need (not high risk): 01235 422600 or email communitysupport@southandvale.gov.uk	
Botley Community Fridge: Free food deliveries for those in need and to reduce waste: food@myphone.coop or phone or text: 07759 135811	Food deliveries from Botley Co-op: (limited support from local store for those isolated at home; payments taken over phone): 01865 721935
Age UK Oxfordshire: Helpline for older local people: 01865 411 288. www.ageuk.org.uk/oxfordshire	Childline: free and confidential: 0800 1111 www.childline.org.uk
Mental Health 24/7 helpline: For adults: 01865 904 997 For children & young people: 01865 904 998 Samaritans: 116 123 Oxfordshire Mind: 01865 247788	Oxfordshire domestic abuse helpline: 0800 731 0055 (Mon-Fri 10-19:00) UK Domestic Violence helpline: 0808 2000 247 (24 hour)
Medical: Prescription deliveries (by local Scouts): 07514 059123 or: spdsoxford@gmail.com Botley Medical Centre: 01865 248719 Lloyds Pharmacy: 01865 247023	NHS: For all concerns: 111 https://www.nhs.uk/

Stay safe – stay home – use these services